# **Enclosure 7**

# **Transnational Checklist for Usability**







# Testing the user-friendliness of applications for the elderly.

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# Testing the user-friendliness of applications for the elderly

#### Introduction

As a transnational result of the iAge project we intend to develop a joint methodology for testing the user-friendliness of new ICT applications for the elderly.

In Workpackage 4.1 of the iAge application the result is defined by: "Disseminated and exchanged best practices on user-friendliness of apps for the elderly." "A joint methodology of how to introduce co-design in the design of e-tools and ICT instruments"

Hanze UAS is responsible to collect the data needed for above-mentioned result. Hanze has experience in usability and accessibility issues and owns a usability lab. They are also lead partner of the Interreg IVB project ITRACT. In this project the aim is to test and evaluate the newly developed solutions for sustainable, userfriendly transport management. Jade Hochschule (Gniwotta& Barghorn) created an organization model for testing new and userfriendly applications. This model has been used as a start to develop this document.

Abertay University has great expertise in usability and accessibility tests. The University works with end users to develop a software application to transform mobile technology into an aid for older people in their daily lives. Their work addresses issues of user mobile technology interface development for the older generation addressing problems namely disability, visual impairment, movement impairment, colloquial language. They defined at the start of the iAge project personas. These personas are typical users of the developed applications.





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#### 1. User-friendliness

In Gablers Wirtschaftslexikon user-friendliness is defined as an attribute of software-quality. It is the character of a software-product especially of its interface and dialog-system, which has to be adjusted to the user-requirements. [2]

User-friendliness software means software that is easy to use or which is "usable". So software-usability is one of the key topics in WP4.

## 2. Usability

Usability is a well-studied field that leads to the DIN EN ISO 9241 standard. Part 110 describes seven dialog principles.

These seven principles are [3]:

- Suitability for the task (the dialogue should be suitable for the user's task and skill level);
- Self-descriptiveness (the dialogue should make clear what the user should do next);
- Controllability (the user should be able to control the pace and sequence of the interaction);
- Conformity with user expectations (it should be consistent);
- Error tolerance (the dialogue should be forgiving);
- Suitability for individualization (the dialogue should be able to be customized to suit • the user);
- Suitability for learning (the dialogue should support learning).

Ben Shneiderman also made researches on that field and formulated eight golden rules [4]:

- Strive for consistency;
- Enable frequent users to use shortcuts;
- Offer informative feedback;
- Design dialogs to yield closure;
- Offer error prevention and simple error handling;
- Permit easy reversal of actions;
- Support internal locus of control;
- Reduce short-term memory load.

Jacob Nielsen found ten heuristics [5]:

- Visibility of system status;
- Match between system and the real world;
- User control and freedom;
- Consistency and standards;
- Error prevention;





- Recognition rather than recall;
- Flexibility and efficiency of use;
- Aesthetic and minimalistic design;
- Help users recognize, diagnose, and recover from errors;
- Help and documentation.

We combined all this principles, rules and heuristics and reduced them to a checklist developers should recognize while working out the applications. We present some methods that show how the checkpoints can be evaluated. Some methods must be used before the implementation begins. Others go along during the implementation and some can be done in a last step of the implementation.

#### 3. Definition of target groups

For every application target groups should be defined. The main question is: Who shall use the application? It is not compulsory that the application reaches all defined personas.

#### 3.1 Personas

In the iAge project, Abertay University defined personas before developing the applications. These personas are typical users of applications. • (attachment)





# 4. Test- Methods for conception and implementation phases'

#### 4.1 Use cases •

A use case is a description of how users will perform tasks on your application. They are sequences of actions that the system can perform while interacting with the actor. Actors can be described by personas. • This method is a method that should be used before the implementation starts. Each use case should capture following questions:

- Who is using the application? => given by personas and target groups.
- What does the user want to do?
- What is the user's goal?

Use cases can be written in an easy-to-understand narrative. This makes it understandable for all engaged project members [6].

Edward Kenworthy [7] outlines eight steps to develop use cases

- Identify who is going to be using the e-tool.
- Pick one of those actors.
- Define what that actor wants to do with the e-tool. Each thing the actor does on the site becomes a use case.
- For each use case, decide on the normal course of events when that actor is using the e-tool.
- Describe the basic course in the description for the use case. Describe it in terms
  of what the actor does and what the system does in response that the actor
  should be aware of.
- When the basic course is described, consider alternate courses of events and add those to "extend" the use case.
- Look for commonalities among the use cases. Extract these and note them as common course use cases.
- Repeat the steps 2 through 7 for all other actors.

#### 4.2 Card Sorting

Card Sorting is a helpful method to design and evaluate the structure of the application, the navigation and the wording used by the application.

A detailed process is given in "Card sorting: a definitive guide" by Spencer and Warfel [7].

- Divide the content and the structure / navigation in singular information units.
- Write the information units on cards.
- Find out the expectations by questions like:
  - What content do you expect?
  - Which term would you expect for content about?
- In a next step ask to sort the cards by similarity. So you can find out the





possible structure of the application.

Card Sorting is possible as an open or a closed sort.

- Open Sort: Users are asked to sort items into a group and make up their own groups and give them a name.
- Closed Sort: Users sort items into previously defined category names.

#### 4.3 Cognitive Walkthrough •

This method proves the suitability of learning. Usability experts put themselves in the position of the user and "walk through" the application. By this method the typical user-problems can be identified. But it must be said that the cognitive walkthrough appears to detect far more potential problems than actually exist [9]. The cognitive walkthrough is a time reducing and low cost method because it is not necessary to find a couple of test persons. This method should be used several times during the implementation process.

#### 4.4 General Test-Criteria

General test criteria are various, but most of them can be done during the realization of the application. These tests should be repeated in fixed time intervals. Diverse literature describes many different tests [11],[12],[13],[14]. The most important tests that are easy to handle are

- Look after the right spelling of the text and error messages;
- Pay attention to good error messages. They should be relevant, helpful, informative, clear, easy to understand, truthful and complete [15];
- Investigate the error rate;
- When forms must be filled out, the logic of the order and clarity of fields should be reviewed, so that wrong inputs can be avoided;
- Test the reaction time of the application. •

Within these tests, smaller problems can be solved directly. Further these tests are simple with only slightly costs. •





# 5. Test Methods with participants

For the following methods participants should be engaged. It is necessary to consider that the participant should be people of the specified target groups. • It is important that participants from all target groups are involved. • Jacob Nielsen describes that 80% of the problems can be revealed by only five participants [16]. •

# 5.1 Focus-Groups ·

In iAge the target group is elderly people. This circumstance has been revealed by the definition of the personas. The main problem of the target groups could be the contradictions within the target group. The method "focus groups" is a good possibility to detect these contradictions. Normally its goal is to collect ideas, understand the reasons of contradictions in understanding the functions or the behavior of the users. Up to max. 10 persons can discuss in an open group or be interviewed.

## 5.2 Usability tests with participants

Usability testing is a technique to evaluate the applications by testing it with representative users. In the test, users will try to complete typical tasks while observers (developers and business experts) watch, listen and take notes.

#### The goals are

- To evaluate if participants are able to complete identified routine tasks successfully and how long it takes to do that,
- To find out how satisfied participants are by using your application,
- To identify changes required to improve user performance, Following points should be considered:
- Let the participants try to complete typical tasks.
- The tasks should be embedded in a context that provides useful information to users
- Ask the participants to think out loud.
- Test the application, not the participants.
- Keep notes of the behavior and thoughts of the participants. •

#### 5.3 Eye-tracking -

Eye-tracking is an improved usability test [17]. With an eye-tracking tool the order of the observation of objects in the application can be determined. Also the intensity of the observation of singular objects can be measured. • By eye-tracking it is possible to get information about the subconscious perception and information processing. •

Mainly following questions can be answered

- What elements of my site are perceived by users and which are completely overlooked?;
- Are navigation elements recognized as such?;





- What texts are read and which are only scanned?;
- Will users guide effectively to the content that is relevant to them?;
- How fast decides a user to use a navigation point?;
- How fast recognizes the user important information?.





## 6. Test-Methods for the pilot

#### 6.1 A/B testing and multivariate testing

While A/B testing will test different content for one visual element on a page, multivariate testing will test different content for many elements across one or more pages to identify the combination of changes that yields the best result. Multivariate testing is often used after publishing an application [18]. Every variant should be supported by hypotheses. Otherwise the number of variants is too large to evaluate them all.

Multivariate testing can find the optimized appearance of

- Headings: Try different text, size, color;
- Images: Try different sizes, different images, different positions on a page;
- Buttons: Try different positions on a page, different sizes, colors, labels on the
   buttons;
- Forms: try different length of fields, different fieldnames, different order of fields;
- Especially for websites: try different background colors, different sizes of headlines, • positions of logos, and position of login, search fields, navigation bars.

The use of software like Google Website Optimizer (freeware) or similar tools is advised.

# 6.2 Surveys ·

Surveys can be very different. From multiple-choice questions up to scaling systems or open text answers - everything is possible. To create a questionnaire or opinionaire is a complex task. • For fast and essential testing it may be adequate to use standardized questionnaires like the System Usability Scale (SUS) or the Computer System Usability Questionnaire (CSUQ). • The SUS, developed by Brooke [19], reflects a strong need in the usability community for a tool that could quickly and easily collect a user's subjective rating of a product's usability. Brooke named the SUS a quick and dirty method, but it is an often used and accepted usability test method [20]. •

Ten questions have to be answered by a couple of users during the pilot phase.

- I think that I would like to use this system frequently;
- I found the system unnecessarily complex;
- I thought the system was easy to use:
- I think that I would need the support of a technical person to be able to use this system:
- I found the various functions in this system were well integrated;
- I thought there was too much inconsistency in this system;
- I would imagine that most people would learn to use this system very quickly;
- I found the system very cumbersome to use;
- I felt very confident using the system;
- I needed to learn a lot of things before I could get going with this system.





Every question can be answered on a scale from 1 to 5 points "I strongly disagree" up to "I strongly agree".

# Scoring

- For odd items: subtract one from the user response.
- For even-numbered items: subtract the user responses from 5
- This scales all values from 0 to 4 (with four being the most positive response).
- Add up the converted responses for each user and multiply that total by 2.5.
   This converts the range of possible values from 0 to 100 instead of from 0 to 40.

#### Results

100 Points correspond to a perfect System without any usability problems.

Values greater the 80 points correspond to a good usability.

Values between 60 and 80 points are satisfactory.

Values lower than 60 indicate significant problems. •

The CSUQ developed by Lewis [21] is a questionnaire with 19 questions and a scale of seven points to answer [22]. • The SUS or CSUQ questionnaire could be implemented in the pilot applications. The developers must work out an environment for the analysis.

#### 7. Closing Methods and certification

# DAkks (Deutsche Akkreditierungsstelle GmbH) • (Does Scotland has such an organization/standards?)

The DAkks is a national accreditation agency, which develops standardized procedures for usability tests. The procedures are based on the international standard DIN EN ISO 9241. It contains well-defined different steps. The guidelines are trackable at the homepages of DAkks [10].

#### The usability testing procedure

The planned applications are very different in functionality and they also run under different operation systems and hardware infrastructure. In addition, the applications will be developed in various locations throughout Europe.

As seen above, the testing is not a one-time process, but a frequently repeated, accompanying process. The developers can easily do most of the usability tests. The checklist attached to this document supports the developers.





## Checklist

Criteria	Evaluation Method	State of Work
Effectiveness		
Identify users goals	Target groups     Personas     Use cases /     scenarios     Focus groups	undone/ in process /done
Provide precise information and extensive help	Use cases / scenarios     Cognitive     walkthrough     Usability tests     Eyetracking     Surveys	undone/ in process /done
Create a good Information structure	Card sorting     DAkks test method	undone / in process /done
Offer useful and constructive functions	<ul> <li>Target groups</li> <li>Personas</li> <li>Use cases / scenarios</li> <li>Cognitive walkthrough</li> <li>Focus groups</li> <li>Usability tests</li> <li>Surveys</li> </ul>	undone / in process /done

Efficiency		
Perform a task analysis	<ul><li>Target groups</li><li>Personas</li><li>Use cases / scenarios</li><li>Focus groups</li><li>Surveys</li></ul>	undone/ in process /done
Reduce workload	<ul> <li>Use cases / scenarios</li> <li>Cognitive</li> <li>walkthrough</li> <li>Focus groups</li> <li>Usability tests</li> </ul>	undone/ in process /done





Offer effective functions	<ul> <li>Use cases / scenarios</li> <li>Cognitive</li> <li>walkthrough</li> <li>Focus groups</li> <li>Usability-Tests</li> </ul>	undone / in process /done
	· · Usability-Tests	
	Ourveys	





Criteria	Evaluation Method	State of Work
Efficiency		
Guarantee orientation	Card sorting     Cognitive walkthrough     Focus groups     Usability tests     Eyetracking	undone/ in process /done
The most important first	Cognitive walkthrough     Focus groups     Usability tests     Eyetracking	undone/ in process /done
Appropriateness of tasks		
Seclusion of dialogues	<ul><li>Cognitive walkthrough</li><li>DAkks test method</li><li>General test criteria</li><li>Usability tests</li></ul>	undone/ in process /done
Offer a self-contained user-interface	<ul><li>Cognitive walkthrough</li><li>Focus groups</li><li>Eyetracking</li><li>Multivariate tests</li></ul>	undone/ in process /done
Definition of terms	<ul> <li>Card sorting</li> <li>Cognitive walkthrough</li> <li>Web analysis</li> <li>General test criteria</li> <li>Focus groups</li> <li>Usability tests</li> <li>Eyetracking</li> <li>Multivariate tests</li> </ul>	undone / in process /done
Guarantee adequate response time for each target group	Target groups     Personas     Supersonas     Supersonas	undone / in process /done
Give feedback	<ul><li>Cognitive walkthrough</li><li>DAkks test method</li><li>General test criteria</li><li>Usability tests</li></ul>	undone / in process /done









Criteria	Evaluation Method	State of Work
Confirmation		
Give feedback for every step	Cognitive walkthrough     DAkks test method     General test criteria     Usability tests	undone/ in process /done
Provide clear feedback	Cognitive walkthrough     Usability tests     Multivariate tests     Surveys	undone/ in process /done
Adapt type and extend of a feedback to the task	Use cases / scenarios Cognitive walkthrough  · · · Focus groups  · · · Usability tests  · · · Multivariate tests  · · · Surveys	undone / in process /done
Give personal feedback	Personas     Use cases / scenarios     Cognitive     walkthrough     Focus groups     Usability tests     Multivariate tests     Surveys	undone / in process /done
Give acoustic or visual feedback	Use cases / scenarios     Cognitive     walkthrough    Focus     groups    Usability     tests    Surveys	undone / in process /done
Controllability		
Set up control functions	Personas     Cognitive     walkthrough     Focus groups     Usability tests	undone / in process /done





Criteria	Evaluation Method	State of Work
Controllability		
Offer emergency exits	<ul><li>Use cases / scenarios</li><li>Cognitive walkthrough</li><li>DAkks test method</li><li>Usability tests</li><li>Eyetracking</li></ul>	undone / in process /done
Support explorative learning	<ul> <li>Use cases / scenarios</li> <li>Cognitive · walkthrough</li> <li>Focus groups</li> <li>Usability tests</li> <li>Eyetracking</li> <li>Multivariate tests</li> </ul>	undone / in process /done
Suggestibility of speed	Personas · · · Use cases / scenarios · · Cognitive walkthrough · · Usability tests	undone / in process /done
Opportunity to choose between different work equipment	• • • Use cases / scenarios • • • Cognitive • walkthrough • • • Focus groups • • • Usability tests	undone / in process /done
Support experienced users	Personas · · · Use cases / scenarios · · Cognitive walkthrough · · Usability tests	undone / in process /done
Consistency		
Consistency to provide fixed rules and certainty	Target groups     Personas     Card sorting     Ognitive • walkthrough     OAkks test method     General test criteria     Focus groups     Usability tests	undone / in process /done
Provide expectation compliant information structure	<ul><li>Personas</li><li>Use cases / scenarios</li><li>Card sorting</li><li>Cognitive</li><li>walkthrough</li></ul>	undone / in process /done





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	Focus groups     Usability tests     Eyetracking	
Mind design standards and conventions	Cognitive walkthrough     Focus groups     Usability tests     Eyetracking     Multivariate tests	undone / in process /done
Consistency and conformity with user expectations of terms	<ul> <li>Card sorting</li> <li>Cognitive walkthrough</li> <li>General test criteria</li> <li>Usability tests</li> <li>Eyetracking</li> <li>Multivariate tests</li> </ul>	undone / in process /done
Predictable performance of tasks	<ul> <li>Use cases / scenarios</li> <li>Cognitive · walkthrough</li> <li>DAkks test method</li> <li>Usability tests</li> <li>Eyetracking</li> </ul>	undone / in process /done
Design of a complex and detailed style guide	Focus groups	undone / in process /done
Criteria Criteria	Evaluation Method	State of Work
, ,	Evaluation Method	State of Work
Criteria Fault tolerance Perfect error-prone functions for the target group to avoid mistakes	Evaluation Method  Target groups Personas Use cases / scenarios Cognitive walkthrough Focus groups Usability tests	State of Work  undone / in process /done
Criteria Fault tolerance Perfect error-prone functions for the target	Target groups     Personas     Senarios     Cognitive walkthrough     Focus groups	undone / in process
Criteria Fault tolerance Perfect error-prone functions for the target group to avoid mistakes  Permit minimal correction	Target groups     Personas     Senarios     Gognitive walkthrough     Sous groups     Use cases / scenarios     Sous groups     Sous groups     Gognitive walkthrough     Sous groups     Sous groups     Sous groups     Sous groups	undone / in process /done undone / in process









Criteria	Evaluation Method	State of Work
Customizability		
Offer individual and relevant information	Target groups  · · · Personas  · · · Use cases / scenarios  · · · Cognitive · walkthrough  · · · Focus groups  · · · Usability test  · · · Eyetracking  · · · Surveys	undone / in process /done
Application adaptable to users characteristics	<ul><li>Personas</li><li>Cognitive walkthrough</li><li>Focus groups</li><li>Usability tests</li></ul>	undone / in process /done
Application adaptable to previous knowledge	Personas · · Cognitive walkthrough · · Focus groups Usability tests · · · Eyetracking · · · Multivariate tests · · · Surveys	undone / in process /done
Offer conventional shortcuts	Personas · · · Use cases / scenarios · · Cognitive walkthrough · · Focus groups     · · Usability tests · · Eyetracking	undone / in process /done
Support customizable information presentation and input devices	<ul> <li>Personas</li> <li>Use cases / scenarios</li> <li>Cognitive walkthrough</li> <li>Focus groups</li> <li>Usability tests</li> <li>Eyetracking</li> <li>Multivariate tests</li> <li>Surveys</li> </ul>	undone / in process /done
Suitability for learning	•	
Support learnable utilization	Use cases / scenarios     Cognitive     walkthrough - DAkks test methods     General test criteria - Focus groups - Usability tests	
Offer complete, clear, accurate and current manuals	Use cases / scenarios     Cognitive     walkthrough	





	· · · DAkks test method	
	· · · General test criteria	
	· · · Usability tests	
Offer precise help	· · Use cases / scenarios	
	· · Cognitive	
	walkthrough · · · Usability	
	tests · · · Eyetracking · · · Multivariate	
	tests	
Relief of short term me	mory	
Reduce number of	· · · Card sorting	
options	· · · Cognitive	
Options	• walkthrough	
	• • • Usability tests	
	• • • Eyetracking	
	• • • Multivariate tests	
	Waltivariate tests	
Allow rapid	Cognitive walkthrough	
identification of objects,	· · General test criteria · · Usability	
actions and options	tests · · · Eyetracking · · · Multivariate	
•	tests	
Provide minimalist	Cognitive walkthrough	
design and relevant	Usability tests	
information	Eyetracking	
	Multivariate tests	
Use concise language	· · Card sorting	
	· · Cognitive	
	walkthrough•	
	· · General test criteria	
	· · Usability tests ·	
	· · Eyetracking ·	
	Multivariate tests	
Aesthetics		
Collaboration of	Personas	
designers, users and	· · Focus groups	
developers		
Mind the laws of	Cognitive walkthrough	





perception	General test criteria     Eyetracking     Multivariate tests	
Create pleasant color spaces	Cognitive walkthrough     Eyetracking	
Mind the laws of typography	Cognitive walkthrough     General test criteria     Eyetracking    Multivariate tests	
Consider different display devices	• • • Personas • • • Use cases / scenarios • • • Cognitive • walkthrough • • • DAkks test method • • • General test criteria • • • Focus groups • • • Eyetracking • • • Surveys	





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